

# Paediatric First Aid for Child Carers



This comprehensive 12hr Paediatric First Aid Course is a requirement for childcare practitioners who require registration with OFSTED; this includes pre-school, after school club staff, au pairs, child minders, nannies, and nursery workers. Please note that this course meets the requirements of the Early Years Foundation Stage (EYFS).



**12 contact learning hours  
(usually over 2 or 4 days)**

## Who should attend?

People responsible for the care of young children in a variety of early year's settings.

## What will they learn?

Current first aid procedures relevant to the care of young children in various early years' settings.

## Course content

- Role of the paediatric First Aider
- Accident reporting and first aid box contents
- Emergency Action Planning/Casualty Action Plans
- Infant cardiopulmonary resuscitation CPR (birth – 1yr old)
- Child cardiopulmonary resuscitation CPR (1yr – puberty)
- Adult cardiopulmonary resuscitation CPR (puberty onwards)
- Dealing with an unconscious casualty & the recovery position
- Infant, child and adult choking
- Epilepsy, Asthma, diabetes and sickle cell
- Anaphylactic shock
- Electric Shock
- Head, neck and back Injuries
- Bleeding and shock
- Burns & scalds
- Fractures
- Poisoning
- bites and stings
- Foreign bodies in eyes, ears & noses
- Eye injuries
- Meningitis & sudden illness
- Effects of heat and cold
- Febrile convulsions

## Assessment

Continuous assessment by course trainer

## Certificate

A First Rescue certificate is issued on successful completion of the course. This certificate is valid for 3 years and meets the requirements of the EYFS. Approved by the First Aid Industry Body (FAIB).

For details or further courses please visit [www.firstrescuetraining.co.uk](http://www.firstrescuetraining.co.uk)

For workplace defibrillators please visit [www.defibwarehouse.co.uk](http://www.defibwarehouse.co.uk)